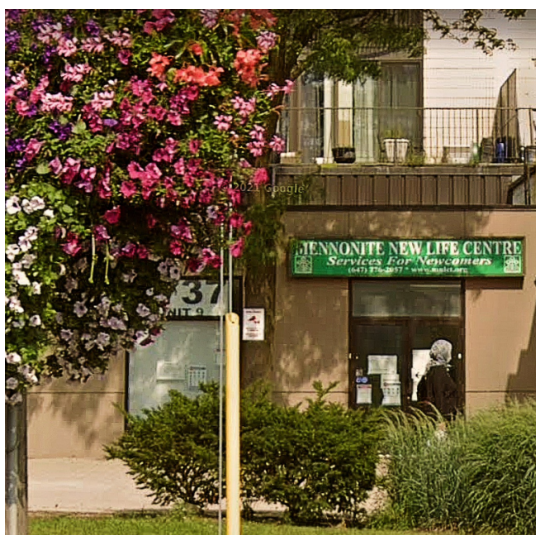




Get the latest news about our in-person services, our upcoming Open House, and the impact of our work.



In-Person Services by Appointment

Visit us at our Keele and Finch offices

Call **647-812-1332** to make an appointment before visiting. Hours of operation are 8:30 AM to 4:00 PM.

Keele Office: 2737 Keele St. Unit 9

- Settlement: Tuesdays and Thursdays
- Mental Health: Tuesdays only

Finch Office: 1122 Finch Ave West, Unit 1

- Settlement & Mental Health: Wednesdays

Gain Volunteer Experience with MNLC

Keele Open House

On Sat. Sept. 24 we are welcoming the community into our newly renovated and reopened Keele office, and we need your help to make the event a success.

Practice your English, network, and make new friends, plus gain valuable experience in a Canadian workplace!

[Get involved!](#)

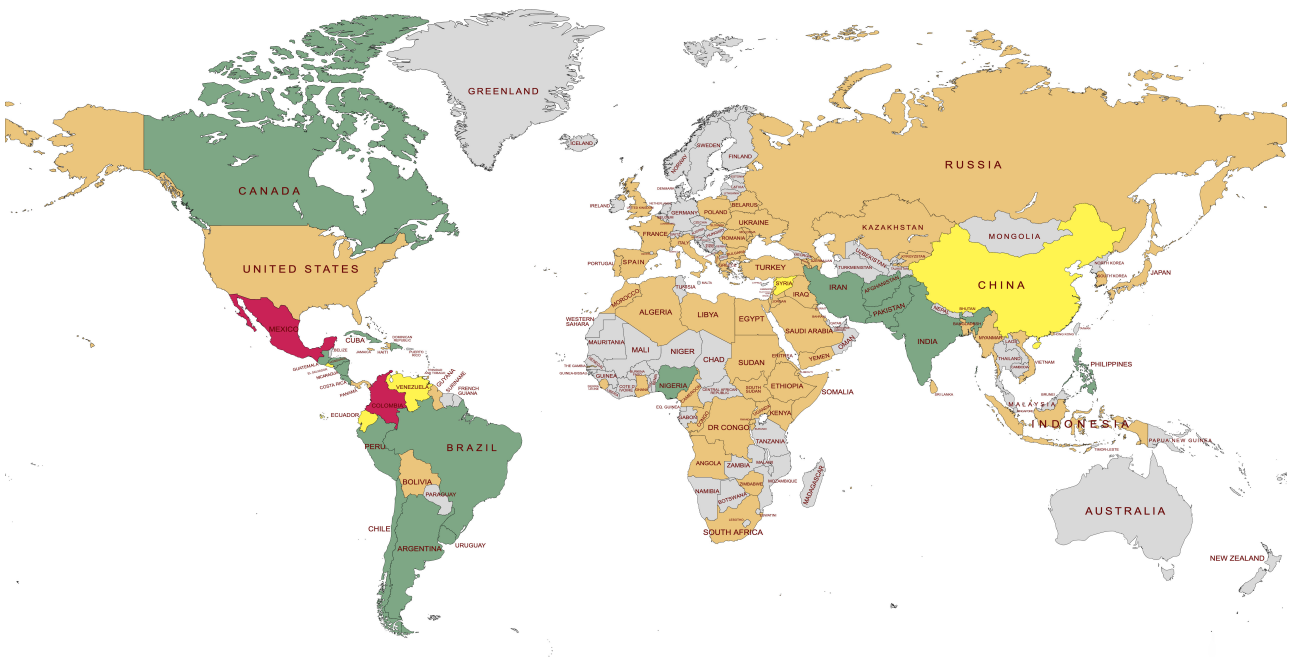


Annual General Meeting

Our Annual General Meeting, held virtually on June 21, 2022, was a great opportunity for attendees to learn about the MNLCT's programs and services, new strategic plan, and significant impacts on the community in 2021.

Participants heard, for example, that last year nearly **4,500 people from 99 countries around the world sought support from MNLCT to settle in Canada**. Newcomers benefited greatly from our language, settlement, mental health, employment, and entrepreneurship programs.

[Read our Annual Report](#) to hear the stories of newcomers and neighbours supporting each other, learning from each other, and taking action together for a more just and compassionate society.



Coloured areas show all the countries where our clients are from, more details in the report.

[Read our Annual Report](#)

Programs and Services

Improve your English with our friendly instructors

Our LINC instructors all have TESL certification and previous experience teaching adults. Classes available for levels Literacy to CLB 8.

Registration opens **August 15!** Email info@mnict.org to sign up.

Transition your Career with a Bridging Program

Restart your career in Media, Marketing, and Communications, or transfer your skills to the Social Service or IT Coding sectors.

[Register now](#) for an upcoming information session.

Get Help to Thrive in Canada

Supportive counseling sessions with highly skilled professionals are available for newcomers dealing with stress, trauma or culture shock.

Call [647-776-2057](tel:647-776-2057) to make an appointment.

Make Canada Home

Our compassionate and professional staff can help you navigate life, family, work, and school so you can feel at home in your new community.

These free services are available in English, Arabic, Dari, Farsi, Mandarin, Pashto, Spanish, and Ukrainian.

Call [647-776-2057](tel:647-776-2057) to make an appointment.

Did you see our Employment newsletter?

Get more details on our employment programs and services by [clicking here](#) or the button below.

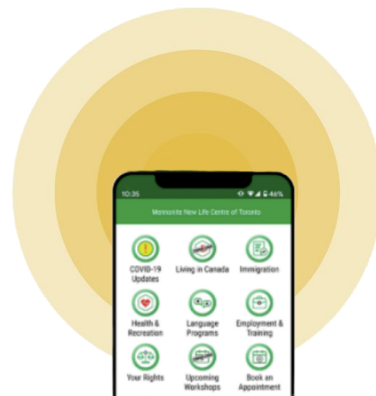
Read employment updates

MNLCT Newcomer Support App

Valuable information available 24/7

MNLCT's iCent Newcomer Support App is accessible, user-friendly and comes in 4 language settings: English, Arabic, Mandarin, and Spanish.

With the app, you can also upload your registration documents, book appointments, and register for some programs.



Download the app

Want to receive updates?

Did someone forward you this email? [Click here](#) or the button below to sign up for our subscriber list to receive updates right away!

Sign me up!

Help Newcomers Make Canada Home

A donation to the Centre helps immigrants and refugees get meaningful settlement, employment and mental health services.

Donate here to make a difference!



Mennonite New Life Centre of Toronto (MNLCT)

*Serving immigrants and refugees in-person and
virtually across Ontario*

1774 Queen St East, Toronto, ON M4L 1G7
1122 Finch Ave West, Unit 1, North York, ON M3J 3J5
2737 Keele St, Unit 9, North York, ON M3M 2E9

647-812-1332 | 647-776-2057

info@mnlct.org

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