



Winter Newsletter



Last Chance to Join our She-Covery Response Program!



The [**She-Covery Program**](#) offers employment training and learning labs that can assist unemployed and underemployed women with long-term and short-term career planning. Learn essential employability skills and take your career to the next level.

- Life and Career Plan
- Employment Readiness Series
- Learning Labs
- Employment Support

[**Click here to register before March 31!**](#)

Join us at Our Job Connect Cafe

MNLCT Online Job Fair and Expo

Date: March 10, 3:00 pm – 5:00 pm.

The Job Connect Cafe is an interactive job expo where you will connect with employers and potential job opportunities.

Get advice, tips and information about the various Bridging programs and how we can assist you in becoming an entrepreneur. [**Read more.**](#)



Job Connect Café
Prepare Yourself for Success
Thursday, March 10, 3:00 pm - 5:00 pm

In this interactive online session hosted by MNLCT, you will:

- Meet employers that are hiring from
 - TTC (Toronto Transit Commission)
 - Home care providers: Comfort Keepers Canada, Qualicare, Mosaic Home Care Services & Community Resource Centres
- Learn about entrepreneurship opportunities
- Discover our MNLCT bridging programs: BEMC, BESIP, BREM, C-Women
- Find out job search tips & mock interview dos and don'ts

Register at: https://bit.ly/JobConnectCafe_2022

Sponsored by 



Services available in Dari/Pashto



We now have settlement services in two official Afghan languages, Dari and Pashto. [Watch our videos](#) from one of our Settlement Workers in Dari, Pashto, or English to learn more about our settlement services.

Inspiring Career Stories



One word brought change to Ruth's life.

"It was a struggle [...] to move on, but I did not want to do the intake work anymore. "I wanted to know other careers that I could explore and wanted to find a college but couldn't put a name on it." [Read More](#)

Event Calendar

ACTIVITY	SCHEDULE	SIGN UP
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She-Covery Learning Labs	Mon (6-8pm)	Register Here
She-Covery Employment Readiness Series	Tues, Thurs (1-4pm)	Register Here
BREM Info Session	Mar 3 rd (1-3pm)	Register Here
C-Women Info Session	Mar 8 th (1-3pm)	Register Here
BEMC Info Session	Mar 10 th (1-3pm)	Register Here
Job Connect Cafe	Mar 10 th (3-5pm)	More Info

Programs and Services



Join a free online language program (LINC)

Improve your English language proficiency in a supportive, friendly and welcoming learning environment .

[Learn more](#)



Bridging Programs

Join a full-time or part-time Bridging Program and start your career in Social Service, Journalism/Professional writing or Computer Programming.

[Learn more](#)



Mental Health Supports

Connect with a highly skilled professional counsellor for advice and referral. Supportive



Settlement & Employment Services

Our settlement services provide a wide range of information and programs to support you

counselling sessions are available for newcomers dealing with stress, trauma or culture shock.

[Learn more](#)

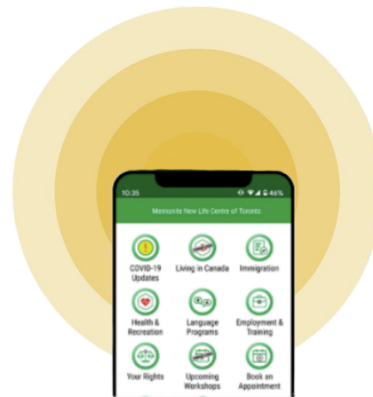
in your settlement journey. Our settlement workers can customize a pathway that can help you navigate life, family, work, and school.

[Learn more](#)

MNLCT Newcomer Support App

Find a wide range of information on programs and services.

MNLCT's Newcomer Support App is accessible, user-friendly and comes in 4 language settings, English, Arabic, Mandarin, and Spanish. With the Newcomer Support App, you can also upload your registration documents, book appointments and register for some programs. [Download the app](#)



Help Newcomers Make Canada Home

A donation to the Centre means that we will continue to provide meaningful settlement, employment and mental health services to immigrants and refugees.

[Donate here to make a difference!](#)

Your Feedback is valuable

Do you have topic suggestions or questions you'd like answered in future editions? We would like to hear from you. Please send a note to our Communications Team: communications@mnict.org.



**Mennonite New Life Centre of Toronto
(MNLCT)**

Three offices serving immigrants and refugees:

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