## The New Life Centre is an open door for newcomers

Juan Carlos, a five year old Colombian refugee affected by a vertebral spine illness, was condemned to disability and total dependency. However, thanks to generous financial support and medical advances in Toronto, nine year old Juan Carlos is now able to walk with the support of orthopedic equipment.

He and his mother arrived in Toronto during the second week of the harsh winter of 2005. They came from Cali, fleeing the violence and trauma of a civil war. "The support I received was fundamental to fulfill my life's dream" says Vivian Melo, proud mother of the now happy Juan Carlos. Through the sponsorship and support of the Mennonite Church and the Mennonite New Life Centre, Vivian and Juan Carlos were able to relocate and start a new life in Canada.

In another case, a refugee from Ethiopia was able to reunite with his Russian wife. After four years of struggle, the couple was able to begin a new life together in Canada. "It was a moment of joy for the New Life Centre," notes Marina Maksimovic, a settlement counsellor employed by the New Life Centre for fourteen years.

The couple had married in Russia before the Ethiopian refugee settled in Toronto. Due to bad advice, he did not declare the marriage at the moment of completing his application for permanent residency. Later on, his application for sponsorship was rejected, dashing his hopes of bringing his wife to rejoin him in Canada. Desperate, he sought the help of the New Life Centre.

"Inspired by the love that had already endured such separation, we took on the task of reuniting the couple," states Marina. Appealing the decision of the sponsorship was virtually impossible. The only alternative was for them to renew their marriage vows and begin the sponsorship process again. This time, they obtained a fast and positive reply from immigration authorities

These two cases illustrate the caring and committed way in which the New Life Centre lives out its mission of solidarity and support for newcomers to Canada. The moving stories of refugees and immigrants, stories full of love, fear, conflicts and dreams, have long been a source of inspiration for the New Life Centre.

Another element of inspiration for the development of the New Life Centre, in the past and present, has been the dedication, professionalism and commitment of employees and volunteers. "Affection, understanding, responsibility and solidarity are the essence of the New Life Centre" declares founding director Adolfo Puricelli

The Mennonite Church appointed Adolfo Puricelli and his wife Betty Kenney to begin the work of the New Life Centre in 1983. "It was a call to humanitarian service that inspired and created this organization," relates Betty.

Inspired by the popular proverb "It is not enough to denounce, it is time to act," the New Life Centre has been writing year after year living pages of compassion and advocacy for the refugees and immigrants who seek their services.

"This is the authentic spirit of solidarity" comments Maciel, a Nicaraguan woman who adds that such values are scarce but necessary these days. She and her family experienced this solidarity first hand, but have also taken the opportunity to give to others: "We have been given the opportunity through the Centre and its programs to share our solidarity with others for more than a decade."

In March of 1994, Maciel was faced with a deportation order. Fortunately, the deportation was never carried out, thanks to the diligent and humanitarian actions of the New Life Centre and the tremendous solidarity displayed by "St. Clair O'Connor," a Mennonite senior's residence where Maciel still works today. "It

was a genuine act of solidarity that I cherish in my heart," she says with unmistakable gratitude.

For many years, Maciel and her family were volunteers of the New Life Centre, helping with trips to the airport, offering transportation and greeting other families arriving in Canada. "It's exciting to provide a warm welcome to newcomers who many times arrive without knowing anyone ... and during the winter!" states this warm and generous volunteer.

Since the mid-80's, the New Life Centre has offered refuge and comfort to thousands of newcomers, and a welcome opportunity for service to hundreds of volunteers. The New Life Centre has been a source of inspiration to many.

# Brushstrokes of history: the story of the New Life Centre

Since its creation, the Mennonite New Life Centre of Toronto has identified itself with the migration experience and pacifist tradition of the Mennonite Church. Over the centuries, many Mennonites were brutally persecuted for their open opposition to violence and affirmation of the separation of church and state. Since the early 1500's, the Mennonites have insisted that baptism and church membership be a free and conscious expression of faith. These beliefs brought about persecution, imprisonment and exile.

The story of the Mennonites is marked by forced migration from central Europe to Russia, and later on to North and South America. At the end of the 18<sup>th</sup> century, the first Mennonite immigrants arrived in Canada from the United States. Many of them had experienced persecution as conscientious objectors who refused to participate in the war of independence because of their commitment to the pacifist tradition of non violence.

The New Life Centre has inherited this rich Mennonite tradition, expressed in its vocation of compassion and service to immigrants and persecuted people in Toronto.

So it is that in February of 1980, Donovan E. Smucker, professor at Conrad Grebel College in Waterloo, Ontario, and vice-president of the General Conference of the Mennonite Church of Canada, released a study that included statistics regarding the number and composition of the diverse ethic groups in the city of Toronto.

One fact stood out - there were 65,000 Spanish speaking residents in Toronto, already considered one of the most cosmopolitan cities in North America. In the first week of March of 1980, the Toronto United Mennonite Church, led by Darrell Fast, president of the Service Committee of the Mennonite Conference of Ontario, began a series of conversations highlighting the need to attend to the needs of this segment of the population. The Latin American community, noted Mr. Fast, was practically abandoned, without services or supports.

"Our churches have been preoccupied with the resettlement of Asian refugees, and we must now respond to the challenge of working with Hispanics" stated Darrell, emphasizing that "We have been largely ignoring the presence of Spanish speaking peoples in many parts of Canada".

At the beginning of January 1981, Ernest Harder, consultant to the Council for Hispanic Ministries in the United States, was invited to Canada to conduct a study in the city of Toronto. Harder met with Canadian Mennonites Peter Falk, Otto Giesbrecht and Darrell Fast to reflect on the results of this study.

The initial conclusions offered indications of the composition and the territorial distribution of the Hispanic community in Toronto. Spanish speakers did not appear to be concentrated in any one particular area of the city. Their estimated numbers were between 65,000 to 100,000 people.

Many had arrived between 1970-1974, the majority of them coming from Chile, Argentina, Uruguay, Ecuador, and Colombia, together with some Spanish speaking Moroccans. Most were from South America, many from countries where there was a significant Mennonite presence. Later, during the 1980s, a wave of Central American migration began to arrive mainly from the countries of El Salvador, Nicaragua and Guatemala.

Many Hispanic newcomers were experiencing immigration problems, language barriers, unemployment and other needs shared by broad segments of the immigrant community.

The research generated a desire for more in-depth information. To do this, the group sought a person trained in Anabaptist theology, preferably with missionary experience in Latin America. Adolfo Puricelli was chosen to do further research, as a person who could understand the context of the Mennonite Church and eventually undertake work with Spanish speaking peoples in Toronto. Adolfo was trained in Anabaptist theology, knew Latin America well due to his work with the United Biblical Societies, and was well grounded in Latin American culture, a fundamental factor for the success of the project.

Adolfo Puricelli committed to research and report on the needs of the Hispanic community. Adolfo visited private and public organizations working on immigration and refugee issues, relevant government offices, churches, and community members. He also visited universities, the Hispanic Council (now known as the Hispanic Development Council), the Toronto Social Planning Council, and other organizations.

On August 20 1981, the Inter-Mennonite mission for Hispanic ministries in Toronto held a meeting attended by Otto Giesbrecht, Peter Epp, Peter Falk, Brian Laverty, Cornelius Driedger, June and Hubert Schwartzentruber, John Hess, John and Marianne Driedger,

Helen Dick, Ray Schlegel, Brice Balmer, Dalton Jantzi, Keith and Nancy Hostettler, Peter Janzen, Harry Nigh, and Adolfo Puricelli.

At this meeting, Adolfo presented the results of the research conducted that summer among the Hispanic community in Toronto. The nine pages of the report that Adolfo presented also contained theoretical and theological elements as a guide to future ministry work with the Latin American community.

Adolfo's analysis was grounded in the Anabaptist vision, together with elements of liberation theology derived from his own training and from the testimonies of people he interviewed. The report also offered practical examples of the real concerns of many Latinos and updated some of the demographic statistics for the Hispanic population in Toronto.

The mission committee concluded that the ministry project in Toronto would have similarities to international mission work; it would involve working with diverse peoples in the process of rebuilding their lives and cultures in Toronto. "We must be aware that this population continues to be preoccupied with the situation of their countries of origin," stated the committee.

Some of the needs experienced by newcomers in the host country were similar to ones confronted in countries of origin, while others represented new challenges. Much variation in individual experience arose from diverse and unique reasons for migration. The committee also noted that much existing refugee and immigration ministry and service work focused on helping new people get to Canada, and neglected those who were already here.

By February of 1982, the committee was ready to launch a social ministry for refugees from Latin America. The Mennonite Conference invited Adolfo Puricelli to lead this initiative. This task included the whole family, composed of Adolfo and his wife Betty Kennedy, together with their three children. Surprisingly, the

Canadian government refused the entry visas of the Puricelli family.

In the summer of 1983, the Puricelli family tried once again and finally received the necessary authorization to relocate to Toronto. At midnight on August 20, 1983, they began the long journey that Adolfo and Betty still describe as a "pilgrimage". Adolfo and Betty arrived full of conviction and hope to begin a summer of encounter and relationship building in Toronto. The first meetings with Latin American families took place in the Portuguese neighborhood close to Dundas and Dufferin, at 47 Afton Street, the home of the Puricellis. Thus began a journey that would lead to the creation of the "Mennonite New Life Centre of Toronto".

One of the first cases supported by Betty and Adolfo was that of a humble Salvadoran widow. She had fled the violence in her country without being able to bring her children with her. "She lived submerged in sadness, lost in a cloud of pain and anguish," remembers Betty Kennedy. Assisting with the family sponsorship process, Betty and Adolfo were able to help bring the four children out of the violence of war to rejoin their mother in Canada.

The reunion of this Salvadoran family was a wonderful and unforgettable moment for the Puricelli family. It symbolized the seriousness of the work that would become the New Life Centre. "In that little house we met to pray. There were four or five families who met regularly to celebrate the fruits of our faith. With Adolfo, I learned a new dimension of solidarity, because it is always united to an experience of faith," reflects Betty.

On January 5<sup>th</sup> of 1985, the ministry moved to 833 Coxwell Street, in the east of the city. The new location was a basement in an old public library. There the ministry took on the name that continues to identify the Mennonite New Life Centre. Around that time Adolfo began to periodically visit the detention centers to offer support to newcomers awaiting deportation to their countries of

origin. The need for solidarity was great, but the Centre had only two employees and some volunteers.

The settlement needs of Latin American refugees and immigrants were constant and growing. Requests for assistance with housing, legal issues, interpretation, finding a job, learning the language, and other matters were signs as of the urgent necessity to expand staff and work space. Slowly new employees were incorporated into the centre, among them two settlement counsellors. At the same time emotional support services and language classes were initiated.

In 1987, the "Reception House" was created to offer temporary shelter and settlement counselling to refugees and immigrants. The reception house operated out of St. Clair O'Connor, another Mennonite project that today focuses on services to seniors.

In 1988, the New Life Centre moved further south to 2085 Danforth Street, the location where the LINC program was launched in November 1992. Then, in December 1996, after much dialogue with the Toronto United Mennonite Church about building a vision for shared space and community service, the New Life Centre moved to 1774 Queen Street East. The Toronto Mennonite New Life Church, a Latin American congregation that had emerged from the ministry of Adolfo and Betty, also moved to this location, where all three partners continue their work and ministry today.

Over the years, all of the Toronto Area Mennonite churches have faithfully supported the New Life Centre through prayer, financial giving, volunteer work and participation on the Board of Directors.

Around the time of the move to Queen Street, a multicultural approach to community service took root in the New Life Centre. At that time, a new wave of refugees was arriving in Canada as a result of conflicts in Central Europe. In particular, the Balkan conflict expelled large numbers of Serbian, Croatian and Bosnian

refugees. As these refugees sought help, the New Life Centre contracted the valuable services of Marina Maksimovic, a multilingual settlement worker who offered assistance to Serbo-Croatian and Spanish speaking newcomers for well over a decade. In 2004, Jessika Liao, the first Mandarin speaking settlement counsellor, joined the team to respond to growing arrivals from China. The New Life Centre was growing and changing as it responded to the growing and changing needs of refugees and immigrants.

#### Building the future upon a solid foundation

In 2006, the Mennonite New Life Centre began a new phase with the retirement of the founding directors, and the naming of a new director to lead the development of a future vision for the organization. In September 2006, Tanya Chute-Molina was named Executive Director. Having lived and worked with resettled refugees in El Salvador through the Mennonite Central Committee, Tanya brought to her new role experience in community development, international refugee issues and immigrant and refugee rights in Canada.

In the spring of 2007, Tanya and her team led a process of consultation and collective reflection that included the voices and sentiments of immigrants and refugees, together with the input of other community service agencies in Toronto. This visioning process aimed to explore new paths for strengthening and extending the New Life Centre's work of justice and human rights for newcomers.

The visioning process concluded that it was important and necessary to work together with the newcomer community to identify and address concerns related to immigration and social policies implemented by the government. In other words, New Life Centre clients should be active participants in elaborating policy proposals and working for social change.

Gilberto, a Salvadoran journalist and volunteer at the New Life Centre, affirms this direction: "to work in the area of human rights and solidarity requires us to understand and value human beings, to commit ourselves to justice, and to give priority to the dignity of the person - the first step is to make people active agents of their own lives."

The visioning process guided the growth and development of new programs, establishing four priorities for the future: advocacy and community organizing, employment support services, a strengthened mental health program, and the establishment of a new office location in Scarborough offering settlement services and language instruction. These four priorities were complimented by the addition of specialized settlement services for seniors and youth.

Accompanying newcomers continues to be the heart of the New Life Centre. Walking together with people builds community and facilitates integration. It is not merely service provision: "our work has the end goal of contributing to the integration of refugees and immigrants into Canadian society," writes Mario Bianchi in a New Life Centre newsletter. Like many other staff members, Mario has lived experience of the settlement process in Canada. Today he is a recognized specialist on immigration and refugee issues, with two decades of experience as a settlement counsellor.

Mario joined the New Life Centre as coordinator of the "Reception House" in 1987, a program that offered temporary shelter and settlement support and for refugees and immigrants. "I define the work of settlement as walking alongside someone in a way that contributes to the adaptation of that person into a culture that it is not his/her own," says Mario.

Today, this settlement work has been extended to walking alongside seniors and youth through a variety of new activities and programs.

"We have built a group of friends - mostly Spanish speaking seniors - that share life experiences and enjoy special moments. We also work together to solve problems," notes Nora Stalker, Seniors Settlement Worker at the New Life Centre

Don Arquimedes, an 85-year old senior characterized by his gentleness and animated storytelling, speaks with evident joy about his membership in a group where he can express himself in Spanish: "When you haven't been able to learn English, a group like this is very important," says Arquimedes, a resident of the St. Clair O'Connor seniors' residence. Not long ago, thanks to the patient work of Nora, he received government funding for an electric scooter to increase his mobility. "Ever since I arrived four years ago, I have found a second family in the people of the New Life Centre and the New Life Church." says Don Arquimedes.

Another recently launched initiative is the youth theatre program, led by dynamic community worker Jordan Parker, in close partnership with Liliana Suarez, an actress and theatre director originally from Colombia. The two facilitators seek to ease the settlement process by using popular theatre to strengthen self-esteem and build a positive sense of identity for young immigrants and children of immigrants.

"Through theatre I have learned to interact with people from other regions of Latin America, an opportunity I did not have when I lived in that part of the world," says an enthusiastic Sergio Gamboa. The 13-year old Colombian participates in a Spanish language theatre group, which brings together youth from across Latin America. "We meet every Saturday afternoon, we study theatre with our teacher Liliana and we rehearse a play put together by the group on the experience of culture shock in Canada."

Another new initiative is the Newcomer Skills at Work Project. Focused on employment mentoring and civic participation, this project is coordinated by Jessica Farias, a community worker of

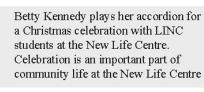
### 1980s



Potluck lunch at St Catherine's United Mennonite Church. The generosity of churches nourishes the growth of the New Life Centre. A Salvadoran family celebrates reunification in Canada. From its beginnings, the Mennonite New Life Centre has helped to reunite families separated by war and flight.



### 1990s





Friends from the New Life Centre and St. Clair O'Connor rally outside the immigration office to stop the deportation of Maciel and her family.





The Mennonite New Life Church brings music to a cross cultural encounter with First Mennonite church in Kitchener.



Construction at 1774
Queen St E marks the
beginning of a new
partnership between the
Mennonite New Life
Centre, the Mennonite
New Life Church and
Toronto United
Mennonite Church.

Caring and dedicated staff form the backbone of the New Life Centre. From L to R: Marina Maksimovic, Mario Bianchi, Nora Stalker and Jorge Silvestri.





### 2000s

LINC students enjoy a field trip to the CBC with long time LINC instructor Tim Schmucker.

Teacher Teresa Wiens poses with LINC graduates of the New Life Centre.





Halloween fun helps build friendship and a sense of community for LINC students at the New Life Centre.



The LINC Program moves to Scarborough. Director Tanya Chute Molina and Board Co-Chair Herb Buckwalter cut the ribbon at the Grand Opening for a new site at 2600 Birchmount.



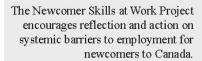




Journalist Gilberto Rogel speaks at the Annual General Meeting about the challenges experienced by internationally trained professionals and support received through the mentoring program at the New Life Centre.



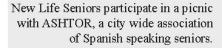
Latin American psychologists offer volunteer support to fellow newcomers while receiving support with their own career development in Canada. L to R: Norma, Leticia, Marta, Eva (supervisor) and Luz. In Sept 2008, Leticia is awarded one of the first paid internships offered by the New Life Centre.







Sticks become a metaphor for the hurdles and barriers facing newcomer youth. Through participation in the theatre program, youth find their voice and express their gifts.







On behalf of the LINC Program, Jorge presents a cheque to the Mennonite Central Committee to support earthquake relief in China. Chinese students put on a fundraising concert to respond to the disaster in their homeland.

Mini-Olympics at 2600 Birchmount celebrate the 2008 Olympics in Beijing.





A new generation gets a head start on life in Canada through the child-minding program at the New Life Centre.

Mexican origin. "We are trying to support immigrants and refugees in their search for meaningful employment and jobs related to their field of experience," says Jessica. Newcomers face many challenges, over many years, as they seek to establish themselves in their field of employment.

The Newcomer Skills at Work project offers opportunities to establish contacts and networks, creating opportunities for unemployed immigrants to meet together with others already established in their field of work. "Numerous workshops and mentoring groups have been organized with this purpose," notes Jessica. Thus far, the New Life Centre has formed four mentoring groups for psychologists, business and community entrepreneurs, journalists and aspiring settlement workers.

The group mentoring model is based in the experience of the Emotional Integration and Support Program. One of the things that make the New Life Centre unique is the strong emphasis on caring for newcomers with emotional needs. The New Life Centre recognizes that many newcomers have suffered forced displacement, torture and other kinds of ill treatment. Many refugees and immigrants also struggle with adaptive stress as they seek to find jobs, reunite with family and build a new life in Canada. Many of these people have great difficulty in trying to access mental health programs, particularly in their first language.

For many years, the New Life Centre has offered art therapy and anger management. Over the last four years, thanks to the generosity of volunteer psychologists, the Centre has also been able to offer individual counselling in Spanish.

The volunteers, all internationally trained psychologists, receive support and supervision in transferring their professional skills to the Canadian context. The mental health team meets on a biweekly basis with clinical supervisor Eva Saphir, an Argentinean-Canadian therapist who worked for many years in the Community Mental Health Unit of Toronto Western Hospital. With Eva, they

consult on cases and community resources, learn about Canadian legislation and mental health practice, and receive information about professional development opportunities. With a view to strengthening support to clients and volunteers, the New Life Centre recently introduced two paid internships for internationally trained psychologists, which began in September 2008.

Based on the success of this experience, the New Life Centre has formed a second mentoring group for internationally trained volunteers interested in supporting settlement work with refugee claimants. Meanwhile, a series of workshops were developed for newcomers seeking support for developing a solidarity project, community service initiative or small business idea.

Within the framework of this same project, the New Life Centre is supporting a group of immigrant and refugee journalists to organize a public event to bring recognition to the work and professional experience of internationally trained journalists in Canada. In partnership with PEN, a human rights organization that works with writers and journalists in exile, the New Life Centre hopes to increase its support to internationally trained journalists, facilitating their integration into the Canadian labour market.

Added to all these new strategies is the expansion of the language instruction or 'LINC' program. Since November 22, 1992, the original launch of the LINC program, the New Life Centre has always offered English classes. Last summer, at the request of the government funding body, the New Life Centre moved its LINC program to a new location at 2600 Birchmount Street in Scarborough. A successful program has drawn registration of approximately 160 students.

Jorge Silvestri, coordinator of the LINC program, originally joined the New Life Centre as a housing counsellor during the summer of 1989. With many years of experience in the settlement sector, Jorge points to education and language instruction as key factors in the adaptation of an immigrant in Canada. "At the end of the day,

our objective is to fully integrate newcomers, so that they feel included in a diverse society." Both children and adults are included in this program, which offers child minding services for the preschool children of language learners. Betty Chen and her team offer affection and understanding to the little ones in their care, together with a program of crafts, exercise and educational games.

English classes are an integral part of community life at the New Life Centre. In this program, refugees and immigrants meet other newcomers facing similar challenges and establish lasting friendships. They share struggles, but also joys. Teresa Wiens, an actress by training and a teacher by calling, invests much creativity in holiday celebrations with LINC students. With Hallowe'en costumes and mini-Olympics, teachers and students build trust, family and community. Teresa and her team give their hearts – not only to teaching but also to building relationships of support and friendship.

Sherry Wang, a Chinese immigrant and LINC student, found a place of comfort and community in the New Life Centre. Newly arrived in Canada, Sherry gave birth to her first child, provoking mixed feelings of happiness, insecurity and loneliness. In her English class she found support and friendship, reinforced by the assistance she received from her settlement worker, Jessika Liao. "I continue to come to the New Life Centre because I consider it my second family," says Sherry.

It is important to note that the new service location in Scarborough has placed the New Life Centre in direct contact with the Chinese community. Recently, a new seniors' club and youth theatre group have begun here, with active participation from the Chinese community. Day by day, the New Life Centre family becomes ever more multicultural.

The community centered approach is a hallmark of the New Life Centre. Miriam Wiebe, an American who fell in love with Toronto through the New Life Centre, offers her testimony: "I became involved with the New Life Centre in 1985, shortly after I arrived in Canada from the United States. After having lived all of my life in small towns, the anonymity and indifference of a big city made me feel small and disconnected. However, when I came to the New Life Centre in Toronto it was like coming home and finding a place where I belonged."

Miriam had worked with Central American refugees in the US, and she was eager to interact with the Latin American community in Toronto. Miriam first encountered the New Life Centre when it had only two employees and operated out of the basement of an old public library. She notes that the human warmth she received through the New Life Centre was an important factor in her decision to settle in Toronto. Today, Miriam and other immigrants like her are part of the Board of Directors of the New Life Centre.

Married to a human rights activist from Latin America, Miriam affirms the human warmth extended to newcomers at the New Life Centre. Here, she notes, people do not become numbers or statistics: "Newcomers are received with their own identities, stories, hopes and fears. The centre offers immediate assistance while also thinking of cultural integration, and responding to needs for housing, employment, language training, legal assistance and counselling for newcomers. These elements are the bricks of the work at the New Life Centre, but the foundation is the respect for human dignity, welcoming people as unique individuals, respecting their identity, appreciating their potential and embracing their common humanity." Miriam speaks to the essence of Canada, a country built by immigrants that has become for many a land of opportunity. It is in this context that the New Life Centre works for justice and the common good.

To give just one example, the New Life Centre is currently participating in policy discussions and advocacy initiatives to respond to the increasing poverty that affects many newcomer communities in Toronto. Delegates from the New Life Centre have

participated in meetings organized by the '25 in 5 Network' and 'the Color of Poverty Campaign' to build strategies to eliminate poverty in Ontario, and to address its disproportionate impact on racialized communities

In 2008, the Mennonite New Life Centre celebrates its first twenty-five years of walking together with refugees and immigrants in Toronto – a quarter century of compassion and solidarity. Looking to the future, the New Life Centre seeks to strengthen its vision and work, grounded in ideals of equity and justice, in accordance with the multicultural and multiracial spirit of Canadian society. For this, the guiding values are a profound respect for human dignity, justice and inclusion.

Translated by Jessica Farias. September, 2008.