



Bridge to Registration and Employment in Mental Health

About Us

At the Bridge to Registration and Employment in Mental Health (BREM) Program, we prepare internationally trained mental health professionals to successfully integrate into the Canadian mental health workforce. We do this by providing essential knowledge of professional culture and standards in Ontario, by supporting the process of professional registration, and by securing hands-on, supervised placement opportunities. This program is delivered by the Mennonite New Life Centre of Toronto and funded by the Government of Ontario. It is offered on-site in Toronto and is accessible throughout

Choose from Two Program Streams:

Preparation for Employment Stream (E) 9 months, full-time, including academic trai

Ontario via online delivery.

9 months, full-time, including academic training, professional certifications, supervised placement, mentoring and job search supports.

Preparation for Registration and Employment Stream (R)

14 months, full-time, including extended academic training, professional certifications, supervised placement, mentoring, job search supports, and multiple components that support registration with the College of Registered Psychotherapists of Ontario (CRPO), including exam preparation.

Program participants gain:

- In-depth understanding of mental health practices and career opportunities in Ontario
- Improved mastery of professional communication skills
- Greater capacity to work within the Canadian multicultural environment
- Formal "Canadian experience" and other employment supports
- Tools to prepare for registration with the College of Registered Psychotherapists of Ontario (CRPO)
- Valuable personal and professional networks

Who Qualifies for the BREM Program?

- Internationally trained professionals living in Ontario
- Undergraduate or graduate degree in psychology or a related field, with a significant component of psychology and mental health (e.g. mental health/addiction counselling, social work, psychiatry, psychiatric nursing, occupational therapy, school counselling)
- Minimum two years of direct work experience in mental health outside of Canada or the US
- Language proficiency of CLB 7 or equivalent in all domains (reading, writing, speaking, listening)
- Legal immigration status (Permanent Resident, Canadian Citizen, Convention Refugee)
- Computer literacy

To apply, visit our website: bridgingprograms.org



This program is funded by







Upcoming Program Intake

BREM is offered twice a year, with start dates in February and September. Participants who live more than 50km from the Centre (North York), will be able to join the program online.

BREM Program starting in April 2019 (available across Ontario)

