



# brem

Bridge to Registration and  
Employment in Mental Health



bridging  
programs

## Bridge to Registration and Employment in Mental Health

### About Us

At the Bridge to Registration and Employment in Mental Health (BREM) Program, we prepare internationally trained mental health professionals to successfully integrate into the Canadian mental health workforce. We do this by providing essential knowledge of professional culture and standards in Ontario, by supporting the process of professional registration, and by securing hands-on, supervised placement opportunities. This program is delivered by the Mennonite New Life Centre of Toronto, funded by the Government of Ontario and accredited by the College of Registered Psychotherapists of Ontario (CRPO). It is offered on-site in Toronto and is accessible throughout Ontario via online delivery.

### Choose from Two Program Streams:

#### Preparation for Employment Stream (E)

10-12 months, full-time, including academic training, professional certifications, supervised placement, mentoring and job search supports.

#### Preparation for Registration and Employment Stream (R)

12-14 months, full-time, including extended academic training, professional certifications, supervised placement, mentoring, job search supports, and multiple components that support registration with the CRPO, including exam preparation. Participants who successfully complete this stream could qualify to become RPs (Qualifying).

### Program participants gain:

- In-depth understanding of mental health practices and career opportunities in Ontario
- Improved mastery of professional communication skills
- Greater capacity to work within the Canadian multicultural environment
- Formal “Canadian experience” and other employment supports
- Valuable personal and professional networks
- Status as RP (Qualifying) after completion of Stream R and application to CRPO

### Who Qualifies for the BREM Program?

- Internationally trained professionals living in Ontario
- Undergraduate or graduate degree in psychology or a related field, with a significant component of psychology and mental health (e.g. mental health/addiction counselling, social work, psychiatry, psychiatric nursing, occupational therapy, school counselling)
- Minimum two years of direct work experience in mental health outside of Canada or the US
- Language proficiency of CLB 7 or equivalent in all domains (reading, writing, speaking, listening)
- Legal immigration status (Permanent Resident, Canadian Citizen, Convention Refugee)
- Computer literacy
- For Stream R, participants with training and experience in psychotherapy

To apply, visit our website:  
[brem.bridgingprograms.org](http://brem.bridgingprograms.org)



This program is funded by





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## Upcoming Program Intake

BREM is offered twice a year, with start dates in Fall and Spring. Participants who live more than 50km from the Centre (North York), will be able to join the program online.

### BREM Programs (available across Ontario) Fall & Spring Cohorts



### Post-Program Supports

BREM graduates can take part in a wide range of career development activities, including program-sponsored professional development and networking events. Program graduates on our mailing list hear from us about job postings and volunteer opportunities and can participate in the exclusive BREM graduate LinkedIn group.

For more information, contact us:

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