



# Become a Self-Starter

How to become a self-starter and address procrastination

By: Zahraa Charafeddine  
With the assistance of: Bita Hedayati



Mennonite  
**new life**  
centre

# Agenda:

- Introducing ourselves
- The road to success
- Identifying the challenges
- Understanding internal challenges: PROCRASTINATION
- Different types of procrastination
- How to address procrastination to become more effective and efficient
- **Becoming a SELF-STARTER:**
- Meaning of self-starter
- Tips for becoming a self-starter in the workplace
- Activity