Bridge to Registration and Employment in **Mental Health**

For immigrant mental health professionals who wish to work in their field, with the option of working towards becoming a Registered Psychotherapist.





The Program

The Bridge to Registration and Employment in Mental Health (BREM) Program supports immigrant Mental Health professionals (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.) who wish to work and license in their field.

Program Goals

- **Preparation for Employment** The main goal of this program stream: Preparing participants to find meaningful employment in the field of mental health.
- **Preparation for Registration and Employment**

The main goal of this program stream: Helping participants meet the requirements for registration with the College of Registered Psychotherapists of Ontario, CRPO as RPs (Qualifying)* as well as preparing them for employment in the field.

(647) 812-1332

Program Location Available anywhere in Ontario

Program Duration 10-12 Months **Preparation for Employment Stream**

12-14 Months

Preparation for Registration & Employment Stream

Next Cohort Start Date September 2022

Monthly info sessions, scan the QR code for dates











Who Should Apply

Internationally educated professionals (IEPs) with post-secondary education in psychology or a related field where a significant component is mental health (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.)

Eligibility Requirements

- Post-secondary education in psychology or a related field, equivalent to 4yrs bachelor's degree where a significant component is mental health (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.)
- Minimum of two years of relevant work experience in psychotherapy, counselling or community mental health outside of Canada
- Language proficiency of CLB 7 or equivalent in all domains (reading, writing, speaking, listening)
- Legal immigration status (Naturalized Canadian Citizen, Permanent Resident, Convention Refugee, and Refugee Claimant with Work Permit, CUAET)
- Residence: Ontario



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1122 Finch Ave. West Unit 1

North York, ON M3J 3J5

Program Components

Employment Stream

10-12 months

Full-time program of over 800 hours, including 4-6 months of supervised placement, mentoring and job search supports.

Employment & Registration Stream

12-14 months

Full time program, including

- enhanced academic curriculum (over 1,100 hours, including a course series in psychotherapy)
- 6 months of supervised placement
- SEUS seminar (Safe and Effective Use of Self)
- small group clinical supervision
- mentoring and job search supports

Courses (E+R)

Foundations; MH Practice in Ontario; Professional Communications; Current Trends in MH Therapies; Placement Prep. Workshop

Professional Certifications CPR, ASIST, OCAN, Positive Spaces

Supervised Placement (E)

- · Placement (400h)
- · Placement seminar
- CBT Certification
- Mentoring
- Job Search Workshop

Employment Stream

Courses (R)

- Applied Psych. and Prof.
 Communication for psych.
- Private Practice Workshop
- CRPO Application guidance
- CRPO Exam preparation
- CBT Certification

Supervised Placement (R)

- · Placement (450h)
- · SEUS Seminar (35h)
- Group Clinical
- Supervision (50h)
- Job Search + Mentoring

Employment & Registration Stream

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