



**In Spanish**

## MNLCT SETTLEMENT & EMPLOYMENT SERVICES

Our settlement workers assist newcomers with a wide variety of needs and goals to build a meaningful life in Canada

### We can support you with:

- Access to free government programs in Canada
- Applying to government benefits
- Community resources
- Knowing your rights as a newcomer to Canada
- Education in Canada
- Legal services
- Subsidized housing
- And much more...

### Podemos apoyar con:

- Acceso a programas gubernamentales gratuitos en Canadá
- Solicitud de beneficios de gobierno
- Recursos comunitarios
- Conocer sus derechos como recién llegado a Canadá
- Educación en Canadá
- Servicios Legales
- Vivienda subsidiada
- Y mucho más...

### Contact us:

**Rocio Arguelles**

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647-812-1332 ext.5283

**We offer services  
in person and virtually**

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For more information please check our website at [www.mnlct.org](http://www.mnlct.org)