

# Mennonite New Life Centre Programs and Services

The Mennonite New Life Centre assists newcomers, immigrants and vulnerable clients to meet integration needs, form social networks, voice priorities, and shape their environment through community engagement. We provide caring and professional services that address short- and long-term needs and aspirations for clients.

## SETTLEMENT

Our settlement workers assist newcomers with a wide variety of needs and goals:

- Orientation to life in Ontario
- Information on immigration issues
- Education and training
- Social assistance / income security / child tax benefits
- Housing / social housing

And more...

Settlement services are offered in English, Arabic, Mandarin, Spanish, Dari, Pashto, and Ukrainian.

## LANGUAGE INSTRUCTION

Success in Canada starts by learning English. Our formal and informal programs teach English from basic to advanced level. Students gain the skills needed for citizenship, the workplace or further study.

- **Language Instruction for Newcomers to Canada (LINC)** courses help newcomers improve their proficiency in English to facilitate their successful integration to Canada and become fully independent. CLB 0-8 classes are available.

- **Language Instruction Giving Hope to Trauma Survivors (LIGHTS) Program** is an alternative language program that provides functional English as a second or additional language (ESL/EAL) instruction to vulnerable newcomers who experience emotional, cognitive, or academic barriers to learning in traditional English classes (ESL/EAL or LINC).

## COMMUNITY MENTAL HEALTH

We offer emotional support to newcomers struggling with different kinds of stress or trauma. Our counsellors work with individuals, families and groups to promote resilience, strength and well-being.

## LIFE & CAREER COACHING & TRAINING

- **Employment Readiness Program**  
Newcomers get individual support to develop their own career and employment plan. Group workshops are an opportunity for people to meet, network, discuss important topics related to soft skills, and become employment ready in Canada.
- **Helping Our Newcomers Prepare for Employment/ Entrepreneurial Success (HOPES)** This program helps newcomers who are struggling to find meaningful work appropriate to their education, skills and experience and need individual support in the context of resettlement stress

### Bridge Training Programs

Bridging programs support immigrant professionals in gaining meaningful employment in the local job market. They offer newcomers an understanding of Canadian work culture and further training and education in the context of their respective professions. Over 85% of graduates of MNLCT's bridging programs are employed in their chosen fields.

- **Bridge to Employment in Media, Marketing and Communications (BEMC)**
- **Bridge to Employment in Services for Immigrant Populations (BESIP)**
- **Bridge to Registration and Employment in Mental Health (BREM)**
- **Bridge for Immigrant Women Reskilling into IT Coding Professions (C-Women)**

For more information, or to book an appointment, contact us at one of our offices below:

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