



Online/LMS

ESSENTIAL SKILLS TRAINING

Self-paced courses are delivered through our Learning Management System (LMS) Moodle

To register, please contact Bissan Soueidan:
bsoueidan@mnlct.org

Find out more:
mnlct.org/essential-skills-training

Our Available Self-Paced Courses

- 1. Essential Skills Training**
 - Workplace Success: Building skills for work
 - Workplace skill building for English language learners
- 2. Personal Growth and Career Planning**
 - Planning for Success: Mission, passion, and career
 - Become a Self-Starter: Manage procrastination and meet your goals
 - Overcoming Job Search Anxiety: Managing rejection and the fear of failure
- 3. Employment Preparation**
- 4. Citizenship Preparation**

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