



Bridge to Registration s Employment in Mental Health (BREM) Program

APPLICATION INFORMATION

The BREM Registration Stream is designed to bridge internationally trained professionals who have practiced clinical psychology or psychotherapy in the past into psychotherapy practice in Ontario. It is NOT designed to re-train people who have never practiced psychotherapy. For that reason, and because BREM is a recognized training Program with the College of Psychotherapists of Ontario, which will grant graduates of Stream R a status of Registered Psychotherapists (Qualifying), entering Stream R will require participants to provide the program with evidence of the following:

- a. Meaningful experience in providing psychotherapy
- b. Having significant education relevant to the provision of psychotherapy

All complete applications, containing all required supporting documentation, will be formally reviewed by the Program or its delegates, within a reasonable deadline. The BREM programs takes applicants on a first come-first served basis. Should the number of eligible applicants to the Program exceed the Program's capacity (25 participants per cohort), admissions will be closed for the current cohort and applications will be deferred for the next intake. Assessors will also consider the fit between applicant goals and expectations, as expressed in the cover letter and the application form, and the goals and deliverables of BREM.

The Admission Assessment(s) carries an administrative fee of \$100. This fee is non-refundable, and it will be paid by the applicant prior to completing the written assessment. The fee must be paid according to the instructions given by the program and the assessment will be run fully online.

Written assessment that includes profession-specific reading, writing, and listening components. This assignment will provide applicants with an opportunity to demonstrate their:

- ability to clearly communicate opinions,
- ability to analyze situations in writing,
- comprehension of professional oral presentations
- comprehension of professional literature



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- Outcomes:
- Applicants who were able to demonstrate the minimum required level of professional communication will be invited to proceed to the interview.
- Applicants who were unable to demonstrate the minimum required level of professional communication, will not be invited to proceed with the interview.

After successful completion of the written assessment a one-hour interview with two Registered Psychotherapists and a BREM staff member will be scheduled that will explore the applicant's professional experience and interests, personal and professional goals, readiness for the program, as well as **essential clinical knowledge, skills and attitudes required for mental health practice, specifically for Psychotherapy**. Applicants will also be encouraged to raise any questions or concerns they may have over the participation in the program.

All applicants will be notified of the admission decision in writing (by email). All decisions of the Program are final. The Program reserves the right to disqualify any applicant deemed ineligible for BREM.

The admissions policy will be continuously reviewed and is subject to change. All major changes will be approved by the Project Advisory Committee.