



brem

Bridge to Registration and
Employment in Mental Health

Bridge to Registration and Employment in Mental Health

For immigrant mental health professionals who wish to work in their field, with the option of working towards becoming a Registered Psychotherapist.



The Program

The **Bridge to Registration and Employment in Mental Health (BREM)** Program supports immigrant Mental Health professionals (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.) who wish to work and license in their field.

Program Goals

- 1 Preparation for Employment**
The main goal of the Employment Stream is to prepare participants to find meaningful employment in the field of mental health.
- 2 Preparation for Registration and Employment**
The main goal of the Registration Stream is to help participants meet the requirements for registration with the College of Registered Psychotherapists of Ontario, CRPO as RPs (Qualifying)* as well as preparing them for employment in the field.

Program Location
**Available anywhere
in Ontario**

Program Duration

- Employment Stream:
10-12 Months
- Registration Stream:
12-14 Months

Next Cohort Start Date
Spring 2025

For info sessions,
scan the QR code for dates



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This Employment Ontario program is funded
by the Government of Ontario

Who Should Apply

Internationally educated professionals with post-secondary education in psychology or a related field where a significant component is mental health (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.)

Eligibility Requirements

- Post-secondary education in psychology or a related field, equivalent to 4yrs bachelor’s degree where a significant component is mental health (e.g., counselling, social work, medicine with specialization in psychiatry, psychiatric nursing, psychotherapy, therapy focusing on mental health, divinity counselling, etc.)
- Minimum of two years of relevant work experience in psychotherapy, counselling or community mental health outside of Canada
- Language proficiency: CLB 7+ (for Reading-Listening-Writing-Speaking); or the equivalencies (CELPPI 7+ or, IELTS 6+, or TOEFL 80+)
- Legal immigration status: Naturalized Canadian Citizen, Permanent Resident, Convention Refugee, and Refugee Claimant with Work Permit, CUAET
- Residence: Ontario



Program Components

Employment Stream

10-12 months

Full-time program, including 4-6 months of supervised placement, mentoring and job search supports.

Employment & Registration Stream

12-14 months

Full time program, including

- enhanced academic curriculum (over 1,100 hours, including a course series in psychotherapy)
- 6 months of supervised placement
- SEUS seminar (Safe and Effective Use of Self)
- small group clinical supervision
- mentoring and job search supports

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