

# Apply your mental health expertise in Ontario

The **Bridge to Registration & Employment in Mental Health (BREM)** program supports immigrants with background in psychotherapy who wish to register with the College of Registered Psychotherapists of Ontario (CRPO).

## Program Goals

- 1 Help participants meet the requirements for **registration with the College of Registered Psychotherapists of Ontario (CRPO) as RPs (Qualifying)**
- 2 **Prepare participants for employment in the field**



Program Location

**Available  
anywhere in  
Ontario**

Full time

**12 months**

Part time option available



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[www.mnlct.org/brem](http://www.mnlct.org/brem)

## Who Should Apply

Internationally educated professionals with post-secondary education in psychology or a related field where a significant component is psychotherapy, as well as two years working in psychotherapy.

## Eligibility Requirements

- **Education:** Post-secondary education in psychology or a related field with specialization in psychotherapy.
- **Experience:** Minimum of two years' experience in psychotherapy outside of Canada.
- **Language proficiency:** CLB 7+ or equivalent in the following exams IELTS, CELPIP, TOEFL
- **Legal immigration status:** Naturalized Canadian citizens, Permanent residents, Convention refugees with an Open Work Permit, Refugee claimants with an Open Work Permit, Canada-Ukraine Authorization for Emergency Travel (CUAET) with an Open Work Permit, Provincial nominee under the Ontario Immigrant Nominee Program (excluding those under the International Student stream), Temporary work permit who has received confirmation from IRCC that they meet the eligibility requirements for permanent residence (i.e. approval in principle)
- **Residence:** Ontario

## Program Components

### 12-month full-time program, including:

- Enhanced academic curriculum (over 1,100 hours, including a course series in psychotherapy)
- 6 months of supervised placement
- SEUS seminar (Safe and Effective Use of Self)
- Small group clinical supervision
- Employment counselling and job search support



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