



Online/LMS

ESSENTIAL SKILLS TRAINING

Self-paced
courses are
delivered through
our Learning
Management
System (LMS)
Moodle

To register, please contact
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Find out more:
mnlct.org/essential-skills-training

Our Available Self-Paced Courses

1. Essential Skills Training

- Workplace Success: Building skills for work
- Workplace skill building for English language learners

2. Personal Growth and Career Planning

- Planning for Success: Mission, passion, and career
- Become a Self-Starter: Manage procrastination and meet your goals
- Overcoming Job Search Anxiety: Managing rejection and the fear of failure

3. Employment Preparation

4. Citizenship Preparation

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