



# Community Health Services

Confidential care  
and health education

**EVERYONE WELCOME!**



**FREE**  
No OHIP card  
needed!

**Open Tuesdays, Wednesdays, Thursdays**  
**9:30am - 3:30pm**

## Community Health Services

1122 Finch Ave West, Unit 23  
647-812-1332 ext. 4400  
[communityhealth@mnlct.org](mailto:communityhealth@mnlct.org)



Check out our website for  
more information: [mnlct.org/chs](http://mnlct.org/chs)



## Our services include:

- Health check-ups
- Referral to other health care providers and specialists, if required
- Health education sessions

## You can visit us for:

- Health teaching on living with a chronic condition, such as diabetes or high blood pressure
- Pregnancy tests and mother baby health teaching
- Wound assessment and wound care
- Non-urgent health concerns
- Nutrition education and assistance accessing healthy food
- And more!



**Contact us to see how we can help you!**

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