English for Psychotherapy

Enhance your English & strengthen your mental health practice



Mental health professionals and aspiring psychotherapists (CLB 6+): Get practical, guided practice for real intake and counselling conversations in English, alongside your classmates.

What to expect:

- 1.5 hours/week for 12 weeks
- Small class (maximum 12 participants)
- No tests or grades
- Practical resources, tools, and lots of interview practice with your classmates in guided roleplays
- Free access to digital flashcards on Brainscape to help you practice counselling interview structures daily
- One private 20-minute coaching session with the instructor

Online Classes

Starting September 10

Thursdays,
7:00 PM to 8:30 PM

Course fee: $450

Register now:

Contact us if you have any questions:
CE@mnlc.ca

Your Instructor: Brenda Kaya



Brenda has 25+ years of experience teaching English and workplace communication. She currently teaches Professional Communication as part of BREM, a bridging program at MNLC for psychotherapists. She understands the language and cultural nuances needed for effective counselling in Ontario.

MNLC

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